

# Wachusett Regional School District

## MISCELLANEOUS

### JOB DESCRIPTION

**TITLE:**

Athletic Trainer

**QUALIFICATIONS:**

The Athletic Trainer will be a Certified and licensed athletic trainer in accordance with the procedures and policies on the National Athletic Trainers Association. The Athletic Trainer will have thorough knowledge of anatomy, physiology, psychology, hygiene, nutrition, taping, conditioning, care, and prevention of injury, methodology, and protective equipment.

**REPORTS TO:**

Health/Physical Education Curriculum Specialist

**PERFORMANCE EVALUATION:**

The Athletic Trainer will be evaluated annually.

**REPRESENTATION STATUS:**

Contracted service.

**JOB RESPONSIBILITIES:**

The Athletic Trainer is responsible for the overall conduct of the sports medicine program in accordance with District policies, will see that the sports medicine program operates within the limitations of rules, financial aspects, and sports medicine staff and meets the needs of athletes, coaches, and staff.

In carrying out this responsibility, the Athletic Trainer shall:

1. Serve as the liaison between the physician, the injured athletes and their parents in regards to correspondence and personal communications concerned with injury status, progress, and diagnosis;

2. Serve as liaison between the athlete's physician and the coaching staff;
3. Be responsible for on-site coverage of all regularly scheduled athletic practices and contests;
4. Be responsible for the administration of emergency procedures of injured athletes who are participants in sports programs;
5. Be responsible for the application of techniques and devices such as strapping, bandaging, braces or special protective equipment;
6. Be responsible for the administration of therapeutic modalities and for the development of prevention and care and supervision of rehabilitation programs for injured athletes under the direction of the team or consulting physician;
7. Be responsible, in conjunction with the coach of the respective sport, in the development of fitness screening programs and/or conditioning programs for athletes of all sports in the athletic program;
8. Advise and counsel the coaching staff and athletic administration in regards to the safety factors of the athletic programs, equipment, and facilities;
9. Be responsible for the development of the student sports medicine program, its policies and procedures;
10. Be responsible for one's own professional growth and development;
11. Be responsible for conducting in-service programs for the coaching staff in prevention of athletic injuries and the administration of emergency first aid services whenever possible;
12. Be responsible, where appropriate, for the arrangement of pre-participation medical examinations for all athletes by physicians;
13. Initiate, process, and maintain complete and accurate injury and treatment reports and records;
14. Attempt to obtain appropriate medical history information from athletes;

15. Be responsible for the maintenance and supervision of the training room, keeping it adequately supplied, equipped and secured;
16. Maintain training room budget and requisition necessary supplies;
17. Be responsible for the distribution of all required supplies and first aid kits to coaches;
18. Be responsible, when requested, for assisting visiting athletic teams;
19. Advise the coach, under the directions of the physician, when an athlete may return to participation following an injury or illness;
20. Observe athletes for symptoms and signs of conditions that suggest referral to the physician;
21. Advise in regards to measures for preventing the spread of infectious diseases and maintaining good hygiene and sanitation in the showers, locker rooms, and playing areas;
22. Advise as to the nutritional requirements of the athlete;
23. Share in the responsibility of counseling the athletes in regards to health-related matters; and
24. Initiate and administer a student trainer program with an in-service teaching program for the students throughout the school year.
25. Conducts other staff duties and responsibilities as directed by the Health/Physical Education Curriculum Specialist, including attending meetings as requested or required and, any other staff function required by the Supervisor.

Updated: 12/04/02

Approved by:

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Alfred D. Tutela, Superintendent of Schools

Date: 12/04/02